



2023 RCYC CLUB RACING

Organising Authority (OA): RCYC Events Ltd,
Falmouth, Cornwall, UK

1st, 2nd and 3rd Points Series, Steward's Cup and Challenge Cup.

SAILING INSTRUCTIONS

1. RULES

- 1.1** Club racing will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2** Local regulations will apply concerning safe navigation in close proximity of moorings, large vessels constricted in their ability to manoeuvre, and dive vessels (see section 11).
- Racing inside mooring areas as defined in the chart Appendix C. After her preparatory signal until finishing or retiring, no boat shall sail inside, or touch, the straight line joining the course side of the moorings. A boat that touches or crosses the line joining the course side of the moorings may NOT be exonerated by accepting a penalty. For the avoidance of doubt, touching a mooring buoy shall be regarded as touching the line joining course side of the moorings.
- 1.3** World Sailing [OSR Appendix B](#) for Inshore Racing & [OSR Appendix C](#) for Racing Dinghy's shall apply.
- 1.4** In the event of conflict between the notice of race and this sailing instructions then the sailing instructions will prevail. This changes RRS 63.7.
- 1.5** The Following *Rules* are changed:
- (a) RRS 29.2 – Classes recalled will be restarted after the last scheduled start of other classes. See 12.4
 - (b) RRS 44.1 – A two turns penalty is replaced by a one turn penalty. See 15.
 - (c) RRS 62.1(a) – Failure to receive a radio signal will not be grounds for a protest.
 - (d) RRS 26 – No visual start signals will be given.
 - (e) RRS 35, A3, A4 & A5 – Time Limit Adjustment. Boats not finishing within 30 minutes of the first boat to finish will be scored DNF without a hearing. See 16
 - (f) RRS A4 & A5 - Start Window. A boat starting later than 4 minutes after her starting signal shall be scored DNS (Did Not Start). See 12.3

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the RCYC website and on the "Sailing" notice board in the main hall of the club.
- 2.2 A white flag may be flown on the committee boat to indicate a commercial shipping movement is programmed to occur during the race.
- 2.3 Course information will be announced by VHF on Channel 72 at 1800, and repeated at 18.05, and after the prep display signal for each class. Additionally, at the Race Officer's discretion, courses may be displayed on the starboard side of the committee boat and published to the RCYC Racing Whatsapp group.

3. CHANGES TO SAILING INSTRUCTIONS

Any changes to sailing instructions will be posted by 1300 on the day that they take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag mast at the RCYC.

5. SCHEDULE OF RACES

- 5.1 Racing shall take place as follows:

<i>Event</i>	<i>Date</i>
Series 1	April 7, 14, 21, 28, May 5
Series 2	May 19, 26, June 2, 9, 16, 23, 30.
Stewards Cup	May 12
Challenge Cup	July 7
Series 3	July 14, 21, 28, August 4, 18, 25, Sept 1

6. START TIMES:

Class Flag	Class		Start Time
	Orange Flag	18.05	
	Warning - MOCRA	18.10	
M	MOCRA		18.15
1	IRC 1		18.20
2	IRC 2		18.25
V	Sunbeam		18.30
E	YTC		18.35

7. CLASS HANDICAPS

- 7.1 The Class handicap splits will be decided in the light of entries received and posted on the website and official notice board 24 hours before the first start in the series.

- 7.2 Class flags shall be displayed from the backstay or mainsail leech with the exception of classes M and V which are not required to display a class flag.

8. RACING AREAS

Starts will be in Carrick Roads. Racing will generally take place within Carrick Roads and may extend into Falmouth Bay.

9. THE COURSES

- 9.1 Courses appropriate for the prevailing wind conditions will be selected from the lists in Appendix A or Race Officers Choice using marks listed in Appendix B.
- 9.2 Course information for all classes will be broadcast by VHF at 1800, and repeated at 1805. The individual class course will be announced after the prep signal.
- 9.3 For M Class only: Finish at the Gate and in the event that a committee boat is not on station, the competitor should record their finish time and submit it by email to sailing@royalcornwallyachtclub as soon as possible.
- 9.4 If two rounds are designated the Gate becomes the last mark of the first round and boats must pass through the gate before commencing the second round.

10. MARKS

- 1.1 Marks are as shown in Appendix B.
- 1.2 Gate is formed by the Speed Limit Buoys and will be the penultimate mark of every course. Boats should pass through the gate before proceeding to the finish.

11. AREAS THAT ARE OBSTRUCTIONS

- 11.1 Mooring areas. Straight lines between the course sides of the mooring buoys (whether a vessel is attached or not) of the outer line on both sides of the fairway are designated as continuing obstructions see Appendix C.
- 11.2 Commercial shipping. Moving exclusion zones around commercial vessels constricted by their draft or size are designated obstructions. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No competitor is at any time to enter the exclusion zone, and, if becalmed, is to use their engine or other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and shall be reported by the race committee under RRS 69 – Gross Misconduct.
- 11.3 St Mawes south cardinal buoy (Lugo Rock). St Mawes south cardinal buoy is designated an obstruction and as such boats shall always pass to seaward of the buoy.
- 11.4 Diving activity. A 30m exclusion zone around a dive boat displaying IC flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface are designated obstructions. No competitor is at any time to enter the exclusion zone.

12. THE START

- 12.1 The starting line will be between a mast displaying an orange flag on the committee vessel and an orange buoy.

- 12.2 After rounding the first mark, boats shall not pass through the starting line in either direction.
- 12.3 A boat starting later than 4 minutes after her starting signal shall be scored DNS (Did Not Start). This changes RRS A4 & A5.
- 12.4 General Recalls. IC Flag First Substitute will be displayed until all boats have returned or until 4 minutes after the starting signal whichever is earlier. The starting signal of the last class in the start sequence will be the warning signal of the recalled class. In the event of general recall of more than one class the restarts of the recalled classes will be in the same order as the scheduled starts. This changes RRS 29.2.

13. CHANGE TO THE NEXT LEG OF THE COURSE

No legs will be changed during a race.

14. THE FINISH

Finishing Line - Club Transit. The line is a transit through the RCYC flagpole and a triangle on the clubhouse, which is defined at its inner end by the line of moorings and its outer end by Flushing New Quay.

15. PENALTY SYSTEM

For all classes, the One-Turn Penalty replaces the Two-Turns Penalty. This changes RRS 44.1 and A4

16. TIME LIMIT

The Target Time will be approximately 90 minutes with a Time Limit for the first boat of each class to sail the course and finish of 120 minutes. Boats failing to finish within 30 minutes of the first boat will be scored DNF (Did Not Finish). This changes RRS 35, A4 & A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available on the "Sailing" notice board in the main hall of the RCYC clubhouse.
- 17.2 Protests and requests for redress or re-opening shall be delivered to the sailing office within the appropriate time limit.
- 17.3 For each class the protest time limit is 60 minutes after the last boat finishes.
- 17.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the RCYC as soon as possible.
- 17.5 Breaches of instructions 7.2, 11.2, 19.2, 22, 25, & 27 will not be grounds for protest by a boat. Penalties for these breaches may be less than or greater than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty less than disqualification imposed under this instruction will be DPI.

18. SCORING

- 18.1 Three races are required to be completed to constitute a series.
- 18.2 When fewer than five races have been completed, a boat's series score will be the total of her race scores. When from five to six races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When more than six races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

- 18.3** A boat, which does not take part in a race because its normal skipper is a member of the Race Management Team, shall be awarded points for that race equivalent to equal first place. This changes RRS A4.1. If a skipper carries out race management duties on more than one occasion in a given series, then only the first duty will be eligible for the first place point's benefit.

19. SAFETY REGULATIONS

- 19.1** A boat that retires from a race shall notify the race committee by radio on Channel 72 or by telephoning the Sailing Office on 01326 311105 as soon as possible and no longer than 60 minutes after finishing or retiring. Competitors not adhering to this procedure may be subject to protest by the race committee. The Penalty for breach of this instruction may be less than or greater than disqualification.
- 19.2** MOCRA competitors shall wear personal flotation devices (PFD's) at all times whilst afloat.

20. REPLACEMENT OF CREW OR EQUIPMENT

There is no limit on the substitution of crew or equipment during a series.

21. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with Class Rules, Notice of Race, and Sailing Instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

22. ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organising Authority except that boats with painted topsides shall be exempt from a requirement to attach advertising material to their boat topsides.

23. OFFICIAL BOATS

Official boats will comprise the committee boat displaying an orange or blue flag, and the RCYC RIBS displaying IC Flag R.

24. SUPPORT BOATS

There are no restrictions on the location of support boats.

25. TRASH DISPOSAL

Boats shall not put trash in the water.

26. HAUL- OUT RESTRICTIONS

There are no limitations on hauling out during a series.

27. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile devices.

28. PRIZES

A Prize-giving will be held at the RCYC on the evening of Saturday 14th October 2023.

In addition to Club trophies for first boats, keeper prizes will be awarded as follows:

- (a) Series average more than 7 starters - prizes for 1st, 2nd, 3rd
- (b) Average 4 to 6 starters - prizes for 1st, 2nd
- (c) Less than an average of 4 starters - prize for 1st.

29. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

30. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident, or the equivalent.

31. APPENDIX A – COURSES

Appendix A Courses

Assume all marks are turning marks

North

101	Vp	Gate	Fin						2.3
102	NBp	Gate	Fin						3.1
103	Jp	Gate	Fin						3.4
104	Vp	Pp	CCp	Gate	Fin				4.6
105	Vp	Gp	CAP	WTp	Gate	Fin			5.1
106	Vp	Gp	WNp	Jp	Gate	Fin			5.2
107	Vp	Gp	CAP	Jp	Gate	Fin			5.7
108	NBp	Tp	BRp	NBp	Gate	Fin			7
109	Vp	Gp	BRp	CCp	Pp	Vp	Gate	Fin	7.2
110	MEp	Pp	CCp	Gate	Fin				7.3
111	Vp	Gp	Zp	WNp	BRp	Vp	Gate	Fin	8
112	NBp	Pp	NBp	Pp	WNp	Gate	Fin		8.1
113	PLp	PWp	Jp	PLp	Gate	Fin			8.9
114	NBp	Tp	BRp	Vp	BRp	NBp	Gate	Fin	9.7

North East

201	Vp	Gate	Fin						2.2
202	Jp	Gate	Fin						3.3
203	Vp	Sp	Gp	Wp	Gate	Fin			3.9
204	Jp	Vp	Jp	Gate	Fin				4.5
205	Vp	Sp	Pp	Wp	Gate	Fin			4.6
206	WTs	Gp	WNs	Pp	SNp	Gate	Fin		5.2
207	Jp	Tp	Jp	Gate	Fin				5.5
208	WTs	GYs	Gate	Fin					6
209	WTs	BRp	STs	CNs	Gate	Fin			6.4
210	WTs	CAP	STs	CAP	STs	Gate	Fin		6.7
211	Jp	Tp	PBs	CCp	Jp	Gate	Fin		7.6
212	Jp	NBp	CNs	Ms	BRp	Gate	Fin		10.2
213	WTs	Np	BRp	Gate	Fin				12.1

East

301	WNp	Gate	Fin						2.2
302	WNp	Vp	Gate	Fin					2.8
303	WNp	Vp	Gp	WNp	Gate	Fin			4
304	Ws	SNs	Ts	SNs	Gate	Fin			4.5
305	CCs	Pp	STs	Gate	Fin				5.4
306	Ws	Gp	STs	BRs	Gate	Fin			5.5
307	CCs	Gp	STs	Pp	CAP	Gate	Fin		5.9
308	Ws	GYp	CNp	Gate	Fin				6.5
309	WNp	NBp	Gp	STs	Gate	Fin			6.4
310	Ws	SNs	Ts	SNs	Gp	STs	Gate	Fin	6.9

311	SNs	Ts	SNs	Gp	STs	Pp	CNp	Gate	Fin	8.1
312	SNs	GYp	Zp	GYp	Pp	Gate	Fin			8.6
313	SNs	GYp	Zp	GYp	BRs	Gate	Fin			9

South East

401	WNs	Gate	Fin							1.6
402	CAP	Wp	Gate	Fin						2.5
403	CAP	CCp	Gate	Fin						2.7
404	WNs	CNp	Wp	Gate	Fin					3.5
405	CNp	Vp	Gate	Fin						3.6
406	WNs	Tp	CAP	Wp	Gate	Fin				4.1
407	CAP	Tp	CAP	Gate	Fin					4.4
408	CAP	Vp	Tp	CAP	SNp	Gate	Fin			5.1
409	CAP	Vp	Tp	CNp	SNp	Gate	Fin			5.8
410	CNp	Tp	CNp	Gate	Fin					6
411	CNp	Vp	Tp	CNp	CCp	Gate	Fin			6.9
412	BRp	PWp	Zs	Gate	Fin					7.7
413	Zs	Ms	Gate	Fin						8.1
414	CNp	Tp	CNp	Tp	CNp	Gate	Fin			8.9
415	Zs	GYs	Zs	Gys	BRp	Gate	Fin			10.1

South

501	Gs	Gate	Fin								2.2
502	Pp	WNp	Gate	Fin							3.3
503	Pp	Vp	Gate	Fin							3.9
504	CAP	CCp	Gs	Gate	Fin						4
505	Pp	SNs	BRs	Gate	Fin						4.4
506	Pp	NBp	Gate	Fin							4.6
507	Pp	CNs	Zs	Gate	Fin						5.1
508	CAP	Ts	Js	Ws	Gate	Fin					5.7
509	CAP	Ts	Js	SNs	Gate	Fin					6.1
510	BRs	Ss	BRs	Gate	Fin						6.3
511	Pp	PWs	BRs	Gate	Fin						6.8
512	Pp	SNs	Zs	Vp	Gs	Gate	Fin				7.2
513	Zs	GYs	Vp	Gate	Fin						7.3
514	Pp	MEs	BRs	Gate	Fin						8.5
515	Pp	NBp	Pp	WTs	BRs	Gate	Fin				9.2
516	Pp	NBp	Pp	NBp	Pp	Vp	Gate	Fin			10.3
517	Zs	Ts	PBs	Ws	NBp	Pp	Vp	Gs	Gate	Fin	12.5

South West

601	Gp	Gate	Fin							2.1
602	Gp	Vp	Gate	Fin						3
603	Gp	Vp	Tp	Vp	Gate	Fin				4
604	Gp	Ss	WTs	Gate	Fin					3.8
605	Gp	NBp	Tp	CCs	Gate	Fin				4.8
606	Pp	STs	BRs	Vp	Gate	Fin				5.8

607	WNp	STs	BRs	Jp	Gate	Fin				6.1
608	Gp	Jp	Tp	Jp	Gate	Fin				6.3
609	Pp	STs	BRs	Jp	Gate	Fin				6.8
610	Gp	PBp	Tp	CCs	Gate	Vp	Gate	Fin		7.3
611	GYs	STs	BRs	Wp	Gate	Fin				7.5
612	Pp	STs	GYs	Vp	Gate	Fin				7.8
613	Gp	Jp	Tp	Jp	Tp	Jp	Gate	Fin		8.5
614	Pp	CNs	Ms	CAP	Gate	Fin				8.5
615	Pp	CNs	Rs	CAP	Gate	Fin				9.1
616	Pp	PBp	Gp	NBp	Tp	WTs	Gate	Fin		9.3

West

701	Gate	Fin								1.6
702	Gate	Gp	WNp	Gate	Fin					3.2
703	Gate	Ps	Gate	Fin						3.6
704	Gate	Gp	Wp	Vp	Gate	Fin				3.9
705	Gate	STs	Gate	Fin						5
706	Gate	CNs	Ps	CNs	BRs	Gate	Fin			5.8
707	Gate	STs	Ps	Wp	Gate	Fin				6
708	Gate	CNs	GYs	Gate	Fin					6.5
709	Gate	CNs	Ps	STs	BRs	Gate	Fin			6.9
710	Gate	CNs	GYs	WNp	Gate	Fin				7
711	Gate	CNs	GYs	Wp	Gate	Fin				7.3
712	Gate	CNs	GYs	STs	Ps	WNp	Gate	Fin		9.2
713	Gate	Zs	Ms	WNp	Gate	Fin				9.4
714	Gate	CNs	Ms	CCp	Gate	Fin				9.5
715	Gate	Zs	GYs	STs	Ps	STs	Gate	Fin		11.1

North West

801	Gate	Fin								1.6
802	Vp	Gs	Gate	Fin						2.9
803	Ts	WNs	Gs	Gate	Fin					3.2
804	Vp	BRs	Gate	Fin						4.1
805	Vp	CAP	Vp	Gate	Fin					4.3
806	Ts	CNs	Gate	Fin						4.5
807	Vp	STs	BRs	Gate	Fin					5.2
808	Vp	CNs	Gs	CAP	Gate	Fin				5.3
809	Vp	Zs	Gate	Fin						5.4
810	Ts	STs	BRs	Gate	Fin					5.5
811	Ts	CNs	Ts	CAP	Gate	Fin				6.7
812	Vp	Zs	Ts	CAP	Gate	Fin				7.6
813	Ts	Zs	GYs	CAP	Gate	Fin				7.7
814	Ts	Zs	Gs	Zs	Gate	Fin				8
815	Gate	Zs	Ts	CNs	Ts	Ws	BRs	Gate	Fin	11.4

32. APPENDIX B – MARKS





