



www.cogsracing.org.uk/
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The Falmouth Bay Race

Saturday 1st May 2021

Organising Authority:
RCYC Events Ltd

in conjunction with the Royal Cornwall Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Racing rules will be changed as follows:
 - (a) RRS 26. See SI 10.1.
 - (b) RRS 28.1, A4 and A5. See SI 10.4.
 - (c) RRS 29. See SI 10.2.
 - (d) RRS 35, A4 and A5. See SI 12.2.
 - (e) RRS 62.1(a). See SIs 3.2, 8.2, 8.3, 10.1 and 10.2.
- 1.3 The IRC Rules Part D do not apply.
- 1.4 IRC rule 22.4 does not apply. There are no limitations on crew number or weight.
- 1.5 World Sailing Offshore Special Regulations Category 4 apply.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the hall of the RCYC, and may be copied on the club website www.royalcornwallyachtclub.org/cogs-races/ and the COGS website www.cogsracing.org.uk/
- 2.2 No notices will be posted after 0830 on the day of the race.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Changes to the sailing instructions will be posted before 0830 on the day of the race, and may be copied on the club website www.royalcornwallyachtclub.org/cogs-races/ and the COGS website www.cogsracing.org.uk/.
- 3.2 The race committee may also broadcast verbal instructions on marine VHF radio channel 69. Failure to receive a broadcast will not be grounds for redress. This changes RRS 62.1(a).

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the RCYC signals mast.
- 4.2 IC flag "L" displayed over flag "Z" at the RCYC will indicate a change to the sailing instructions.

5 SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the IRC class is 1000.
- 5.2 The time of the warning signal for the YTC handicap class will be the time of the starting signal of the IRC class.

6 CLASS FLAGS

- 6.1 Boats shall display their class flag beneath IC flag "Z" on the backstay or mainsail leech as follows:
 - (a) IRC - IC numeral pennant "1"
 - (b) YTC - IC flag "E"
- 6.2 No class flags will be displayed by the race committee (se SI 10.2).

7 RACING AREA

The racing area will be the Cornish coast from the east shore of the Lizard Peninsula to Dodman Point, and north of latitude 50° N.

8 COURSES

- 8.1 The course will be selected from the list of courses shown in Appendix A.
- 8.2 The course identifier will be broadcast by the race committee on marine VHF radio channel 69, commencing approximately 10 minutes before the warning signal and repeated at intervals until the warning signal is displayed. Failure to receive this broadcast will not be grounds for redress. This changes RRS 62.1(a).
- 8.3 Course 6 (Race Officer's Discretion). The marks for this course will be broadcast by the race committee on marine VHF radio channel 69, commencing approximately 15 minutes before the warning signal and repeated at intervals until the warning signal. Failure to receive this broadcast will not be grounds for redress. This changes RRS 62.1(a).

9 MARKS

- 9.1 Marks are described in Appendix B.
- 9.2 If any mark is missing then a virtual mark shall be considered to exist at the position given in Appendix B. A virtual mark shall be treated as if it were a mark.
- 9.3 When data from electronic positioning fixing systems are used to determine the position and track of a boat for the purpose of verifying compliance with the rules, precedence shall be given to data from the boat's primary navigation system.
- 9.4 Boats are strongly advised to make a photograph of a relevant navigation system display to verify compliance with the rules.

10 THE START

- 10.1 No visual starting signals will be displayed. This changes RRS 26. Starting signals, including a countdown, will be broadcast by the race committee on marine VHF radio channel 69. Failure to receive any starting signal broadcast will not be grounds for redress. This changes RRS 62.1(a).
- 10.2 No individual or general recall signals will be displayed. This changes RRS 29. Recall information will be broadcast by the race committee on marine VHF channel 69. Failure to receive a recall broadcast will not be grounds for redress. This changes RRS 62.1(a).
- 10.3 The starting line will be a line extending east on a transit formed by the orange triangle and the signals mast on the east side of Pendennis Point. The line will be bounded at the eastern end by Black Rock beacon and at the western end by the shore. Black Rock and the shore of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and to keep well clear.
- 10.4 A boat starting later than 20 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 28.1, A4 and A5.

11 THE FINISH

The finish line will be the RCYC club line. The line is a transit through the RCYC flagpole and a triangle on the clubhouse, which is defined at its inner end by the line of moorings and its outer end by Flushing New Quay.

12 TIME LIMITS

- 12.1 The time limit for both classes is 1830.
- 12.2 Boats finishing later than the time limit will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1** Protest forms will be available at the RCYC Hatch Bar. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 13.2** For both classes, the protest time limit is 60 minutes after the last boat has finished or after the race time limit, whichever is earlier.
- 13.3** Notices will be posted at the race office no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

14 SAFETY REGULATIONS

- 14.1** In addition to the requirements of SI 1.4, the following safety regulations will apply:
- (a) Crew Lists.
 - (1) All boats shall report their name, sail number and number of persons on board via VHF Ch. 69 to the race officer on Saturday 1st May, no later than 10 minutes before the first scheduled warning signal. Radio silence shall be kept after this time except if called by the race committee or in an emergency.
 - (2) A full list of crew embarked must be held by a shore-based contact. The name and telephone number of the contact shall be e-mailed to neil.hopkins@talktalk.net, no later than 30 minutes before the start of the race.
 - (b) Retirement. A boat that retires from the race or is unable to cross the finish line before the time limit shall notify the race committee on VHF Ch. 69 & 07817 059402.
 - (c) Merchant and naval shipping. Areas around commercial and naval vessels under way and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and official boats escorting the vessel. No boat is at any time to enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear.
 - (d) Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat is at any time to enter the exclusion zone.
 - (e) Complaint by Harbour Authority. The race committee will lodge a protest or submit a report to the protest committee following a complaint received from the Harbour Authority.
 - (f) August Rock. August Rock starboard lateral mark (approximate position 50° 06.1' N, 5° 04.99' W) shall be passed on its correct navigational side at all times. No boat shall sail between August Rock and the nearby shore.

15 EQUIPMENT AND MEASUREMENT CHECKS

A boat may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

16 RADIO COMMUNICATIONS

Except in an emergency, a boat shall neither make radio transmissions while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

17 PRIZES

Prizes will be given as listed in the COGS 2021 Notice of Race. The prize-giving will be held as shown in Appendix C.

18 RISK STATEMENT

- 18.1** Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 18.2** Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
 - (f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
 - (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

19 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

Appendix A

Courses

Course		Distance (approx)
1	Hotel Meudon (P), Manacles (P), Gull Rock (S), Dodman "B" (S), Finish	36 miles
2	Dodman "A" (P), Gull Rock (P), Manacles (S), Finish	34 miles
3	Gull Rock (S), Buoy "X" (S), Manacles (S), Finish	29 miles
4	Gull Rock (S), Manacles (S), Hotel Meudon (S), Finish	25 miles
5	Manacles (P), Gull Rock (P), Finish	24 miles
6	Race Officer's discretion	

Appendix B

Marks

Name	Description	Approximate Position
Dodman "A"	Yellow special buoy	50° 08.53' N 4° 46.29' W
Dodman "B"	Yellow special buoy	50° 10.35' N 4° 44.93' W
Buoy "X"	Yellow special buoy	50° 11.65' N 4° 49.99' W
Hotel Meudon	Yellow spherical buoy with name	50° 06.61' N 5° 04.20' W
Manacles	Easterly cardinal mark	50° 02.88' N 5° 01.89' W
Gull Rock	Rock	50° 11.73' N 4° 54.32' W

Supplementary information for competitors (not part of the SI)

- C1 Friday 30th April.** The RCYC will be serving drinks and pre-booked fish pie from the Hatch Bar from 6pm on Friday evening. Please email Ian Munday on ivmunday@gmail.com or text/phone him on 07802 385222 to order your pasty by 4pm on Thursday afternoon. All are welcome.
- C2 RCYC club launch.** The launch will run from 0830 hrs on Saturday morning for competitors who wish to board their yachts at moorings in the inner harbour area
- C3 Prize-giving.** A socially distanced prize-giving will be held on the lawn at the RCYC as soon as possible after racing on Saturday 1st May. The Hatch Bar will be open from 1500. The time of the prize giving will be announced on VHF Ch M2. Crews should note that no food will be available.
- C4 Berthing in Falmouth.** Berthing is available in Falmouth Marina (01326 316620) or Channel 80), the Yacht Haven (01326 310991) or channel 80) and Port Pendennis Marina (01326 211211 or channel 80). The Yacht Haven and Falmouth Marina are the most convenient for the RCYC. The Harbour Master (01326 312285 or Channel 12, 14 and 16) has some visitor's moorings and the RCYC launch (Channel 37) will be running until about 2030 on Friday evening. Falmouth Harbour water taxi may also be contacted on channel 37.