

INTERNATIONAL DRAGON CLASS

SOUTH WESTERN CHAMPIONSHIPS ROYAL CORNWALL YACHT CLUB 4-7 July 2009

SAILING INSTRUCTIONS

The Organising Authority is the Royal Cornwall Yacht Club.

1 RULES

- 1.1 Racing will be governed by:
- 1.1.1 the Racing Rules of Sailing 2009-2012 (RRS);
 - 1.1.2 in respect of commercial shipping, Falmouth Harbour Commissioners byelaws and the International Regulations for the Prevention of Collisions at Sea (IRPCS);
 - 1.1.3 the rules of the British Dragon Association (BDA). Attention is drawn to BDA rule 12 "that all Dragons shall carry flares to a minimum of two orange smokes and "that no competitor may use more than 8 separate sails during the event, except in exceptional circumstances, with the Race Committee's permission. In the event of a conflict between the sailing instructions (SI) and BDA rules then the SI shall apply.
- 1.2 Although it is not mandatory under BDA rules, it is recommended that all boats should carry and operate a VHF radio so the Race Management Team can control safety at all times in association with the Falmouth Harbour Authority and the Falmouth Pilots.
- 1.3 Racing Rules will be changed as follows: RRS Part 4 Preamble; 32.1, 35; 42; 60.1(a); 61.1(b); 66; A4; A5.
- 1.4 In the event of a conflict between the SI and the Notice of Race then the SI shall apply.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice boards located within the RCYC and at Port Pendennis Marina.
- 2.2 Safety information when afloat will be broadcast on VHF Ch72 – Call sign "Race Committee".

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change(s) to the SI will be posted at least 2 hours before the scheduled start of a race or series of races on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect. In exceptional circumstances other changes may be posted before competitors leave Port Pendennis Marina.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpoles located at the RCYC and at Port Pendennis Marina.
- 4.2 When Y Flag is displayed ashore, RRS Rule 40.1 (personal buoyancy) applies at all times while afloat. This changes RRS Part 4 Preamble.
- 4.3 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes in RRS "Race Signal AP".

5 SCHEDULE OF RACES

- 5.1 There will be a skippers' briefing at 1800 on Saturday 4 July at the RCYC.
- 5.2 The Championship will comprise up to 10 races:

Day	First Warning Signal	No Of Races
Sun 5th July	1055	Up to 4 races back to back
Mon 6th July	1055	Up to 4 races back to back
Tue 7th July	1055	Up to 2 races back to back; no warning signal after 1300

- 5.3 Should a subsequent race be planned Flag R shall be displayed on the committee vessel. When a subsequent race is planned it shall start as soon as possible following the completion of the previous race.

6 CLASS FLAGS

- 6.1 The class flag will be International Code Flag D. Boats are not required to fly the Class Flag

7 RACING AREA

- 7.1 The racing area will be in Falmouth Bay. In very strong winds, or insufficient wind in the Bay, courses will be set in Carrick Roads.

8 THE COURSES

- 8.1 The courses will be windward/leeward as described in Appendix 1. The type of course will be signalled by the corresponding numeral pennant displayed with, or before, the warning signal. The target time for a race using course type 1 is 60 minutes, and for course type 2 it is 75 minutes.

9 MARKS

- 9.1 Race marks are as described in Appendix 1.

10 THE START

- 10.1 Races will be started using RRS 26. In addition, for the first attempted start of the second and subsequent races each day an attention signal (Flag F with one long sound) will be made 5 minutes before the warning signal. Flag F will be removed with one long sound one minute before the warning signal.
- 10.2 The starting line will be between a staff displaying an orange flag on the race committee signal vessel and a conical orange inflatable mark.
- 10.3 If a start under RRS 30.3 is recalled, the sail numbers of the boats identified in the triangle shall be displayed on the race committee signal vessel for a minimum time of 5 minutes. A long sound signal will be made as the numbers are displayed. Any boat so notified that she has been disqualified shall not sail in any restart or re-sail of that race.
- 10.4 Boats to be scored OCS or disqualified under RRS 30.3 will be listed by sail number on a board on the starboard side of the race committee finish vessel.
- 10.5 A boat starting later than 10 minutes after her starting signal will be scored DNS. This changes RRS Rules A4 and A5.

11 CHANGE OF COURSE AFTER THE START

- 11.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position. If Marks 1 and 1a are moved they will be replaced by new marks as described in Appendix 1 and the original marks will be removed as soon as practicable. In any further change the new Marks 1 and 1a will be replaced by the original marks.

12 THE FINISH

- 12.1 The finishing line will be between a staff displaying an orange flag on the race committee vessel and a yellow inflatable buoy.
- 12.2 A race may be shortened at any mark of the course.
- 12.3 After finishing, boats shall avoid the finish area.

13 ABANDONING A RACE

- 13.1 For course type 1, if the leading boat fails to round Mark 1 within 45 minutes of the start, the race shall be abandoned (changes RRS 32.1). For course type 2 the corresponding time is 60 minutes.

14 PENALTY SYSTEM

- 14.1 A boat that has taken a penalty or retired under RRS 31.2 or RRS 44.1 shall complete a "Penalty Acknowledgement Form" and deliver it to the Race Office or the Berthing Master within the protest time limit. "Penalty Acknowledgement Forms" are available from the Race Office and the Berthing Master.

15 TIME LIMITS

- 15.1 The time limit for the first boat to sail the course and finish from the last starting signal will be 75 minutes for course type 1 and 90 minutes for course type 2. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored DNF. This alters RRS Rule 35, A4.1 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Race Office in the RCYC and from the Berthing Master at Port Pendennis Marina. Protests shall be delivered to the RCYC or the Berthing Master within the protest time limit.
- 16.2 The protest time limit is 30 minutes after the last boat has returned to the marina after the last race of the day. The actual time limit will be posted on the Notice Board[s] at the conclusion of racing. The same protest time limit applies to all protests by the race committee and protest committee, and to requests for redress (changes RRS 61.3 and 62.2).
- 16.3 Notices will be posted within 30 minutes of the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be heard in the committee room located on the first floor of the RCYC. Parties to each protest are requested to remain in the downstairs bar area. Hearings may start before the scheduled time with the agreement of all parties.
- 16.4 Notices of protests by the race committee and protest committee will be posted to inform boats under RRS 61.1(b).
- 16.5 Protests will be heard as soon as possible, in approximately the order of receipt. It is the responsibility of the Protestor, Protestee and Witnesses to make themselves available for the hearing.
- 16.6 For the purposes of Rule 64.3(b) the "Authority Responsible" is the measurer appointed by the BDA.

- 16.7 Breaches of SI 1.1.2, 1.1.3, 4.2, 13.1, 18, 19.1, 20, 21, 22.1 and 23.1 shall not be grounds for a protest by a boat. This changes RRS Rule 60.1(a). Penalties for these breaches or breaches of BDA rules discovered by measurers' "spot checks" during the regatta may be less than disqualification if the protest committee so decides (changes RRS 60.1(a) and A4.2).
- 16.8 On the last day of the Regatta a request for reopening a hearing shall be delivered:
- 16.8.1 within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - 16.8.2 no later than 30 minutes after the party requesting reopening was informed of the decision on that day;
 - 16.8.3 no later than 90 minutes after a signal to abandon racing is displayed. This changes RRS 66.

17 SCORING

- 17.1 The low point scoring system of RRS Appendix A4 will apply. For the purposes of RRS A4.2 the number of boats entered in the series shall be those that have satisfied the entry and registration requirements.
- 17.2 Up to ten races are scheduled of which three races are required to be completed to constitute a series.
- 17.3 When fewer than 4 races are completed, a boat's series score shall be the total of her race scores.

18 SAFETY REGULATIONS

- 18.1 Safety equipment shall be carried in accordance with BDA rules
- 18.2 Boats not leaving their marina berth for racing shall inform the Berthing Master before the scheduled start.
- 18.3 Boats retiring shall make every effort to inform the Race Committee before leaving the Racing Area. Alternatively the Berthing Master should be informed on returning to shore.
- 18.4 Commercial Shipping.
- 18.4.1 Commercial vessels constricted by their draft or size form moving exclusion zones which competitors are to treat as obstructions. The exclusion zone extends to 100m on all sides of the vessel and includes tugs and pilot boats. No competitor is to enter the exclusion zone and if becalmed is to use paddles or other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone by the shortest distance. This changes RRS 42.
 - 18.4.2 Competitors who unnecessarily interfere with commercial shipping bring the sport into disrepute and risk protest by the Race Committee under RRS 69. A complaint by the Harbour Authority will automatically initiate a protest hearing.

19 SUBSTITUTION OF CREW OR SAILS

- 19.1 Substitution of crew or sails will not be allowed without prior written approval of the race committee. Any replacement crew will be required to weigh-in. "Request for Substitution" forms are available from the Race Office at the RCYC and from the Berthing Master at Port Pendennis Marina.

20 SUPPORT BOATS

- 20.1 Coach/Support Boats and personnel shall stay 100 metres below the starting line and its extensions from the time of the Preparatory Signal until four minutes after the start of any race. After such time coach/support boats may proceed parallel to the course at a distance of 100 metres outside areas where boats are racing, and may not go above the windward or below the leeward and/or finish marks at any time when boats are racing.
- 20.2 In accordance with SI 16.7, any breach of SI 20.1 by a coach/support boat may result in penalties being applied to all competitors serviced by that coach/support boat. The penalty may be disqualification or some other penalty determined by the Protest Committee. In addition, the coach/support boat may, at the discretion of the Protest Committee, be barred from going afloat.

21 LAUNCHING AND HAUL OUT RESTRICTIONS

- 21.1 All boats shall be launched by 1800hrs on Saturday 4th July and berthed in the area allocated.
- 21.2 Boats shall not be hauled out during the regatta except with, and according to, the terms of prior written permission of the race committee. "Request for Haul Out" forms are available from the Race Office at the RCYC and from the Berthing Master at Port Pendennis Marina.

22 DIVING EQUIPMENT AND PLASTIC POOLS

- 22.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats at any time when afloat.

23 ELECTRONIC EQUIPMENT

- 23.1 A boat shall neither make nor receive radio transmissions while racing except in connection with safety or in an emergency. All electronic equipment other than timers and compasses permitted by the BDA rules shall be switched off whilst racing. This restriction also applies to mobile phones, except in an emergency.

24 PRIZES

- 24.1 Prizes will be awarded as specified in the NOR.

25 DISCLAIMER OF LIABILITY

- 25.1 Decision to Race - The helm and crew of a boat are entirely responsible for their own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility.

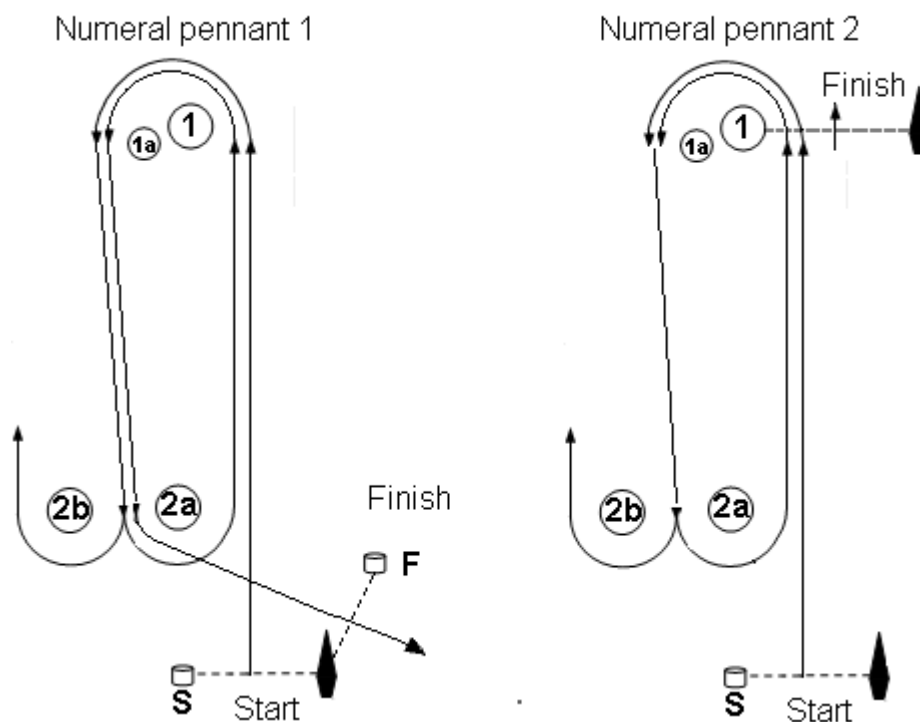
- 25.2 It is for the helm and crew of the boat to decide whether he/she is fit to sail in the conditions which he/she will find. By launching or going to sea, and or staying at sea, the boat skipper and crew confirm that they are fit for those conditions and the crew is competent to sail and compete in them.
- 25.3 Nothing done by the organiser can reduce the responsibility of the helm or crew of a boat nor will it make the organisers responsible for any loss, damage, death or personal injury, howsoever it may have occurred, as a result of the boat taking part in racing. The organisers encompass everyone helping to run the race and the event and include the Organising Authority, the Race Committee, the Race Officers, patrol boats and beach masters.
- 25.4 The provision of patrol boats does not relieve the helm and crew of a boat of their responsibilities.
- 25.5 Man overboard – Crews are also reminded of their primary responsibility to offer to assist any man overboard at any time. If they stand by or assist, redress can be claimed.
- 26 INSURANCE**
- 26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per event or the equivalent.

Appendix A

Courses

Numeral pennant 1: Start - 1P- 1aP- (2aP-2bS) – 1P – 1aP – 2aP – Finish

Numeral pennant 2: Start - 1P- 1aP- (2aP-2bS) – 1P – 1aP – (2aP-2bS) – Finish



MARK DESCRIPTIONS

1	Conical Orange Inflatable
New 1	Conical Yellow Inflatable
1a	Conical Orange Inflatable
New 1a	Conical Yellow Inflatable
2a	Conical Yellow Inflatable
2b	Cylindrical Black Inflatable
S	Conical Orange Inflatable
F	Cylindrical Yellow Inflatable